



## Middle School Matters

Middle school is a critical stage that parents can't afford to ignore. These years of rapid change offer a low-stakes training ground to teach kids the key skills they'll need to thrive, including making good friend choices, negotiating conflict, regulating their own emotions, be their own advocates, and more. To answer parents' most common questions and struggles, Fagell combines her professional and personal expertise with stories and advice from prominent psychologists, doctors, parents, educators, school professionals, and middle schoolers themselves.

Phyllis Fagell, the author of *Middle School Matters*, is a licensed clinical professional counselor, certified professional school counselor, journalist, and a mom of three. She currently works full-time as a school counselor in Washington, D.C. and provides therapy to children, teens, and adults in her private practice. She is also a frequent contributor to several well-known publications, including the Washington Post.

**ParentWiser is Sponsored by:**



# Middle School Matters

Phyllis L. Fagell, LCPC

**Tuesday**

October 3, 2023  
6:00 – 7:15pm

**100% Online**

Live on Zoom



Visit our website and subscribe to receive registration notifications and ongoing resources.

[www.parentwiser.org](http://www.parentwiser.org)  
[parentwiser@issaquahpts.org](mailto:parentwiser@issaquahpts.org)

**Register now at:**

[www.parentwiser.org](http://www.parentwiser.org)